



## About Jiselle:

Jiselle, is an Advanced Imago Clinician and certified workshop presenter with 13 years devoted to relationship therapy and training. With 23 years of experience in the field of counselling, personal development, and mindfulness training, Jiselle holds a B.Ed, Grad. Dip counselling, Masters (Counselling and Human Services).

# Getting The Love You Want

A workshop for couples

Workshop Format

## Introduction

Welcome to Getting The Love You Want, a workshop designed for couples who want to deepen their connection and create a conscious, joy-filled partnership. This workshop is also for couples exploring whether they should stay or go.

This workshop is for the two of you working together, without any pressure to share with the group. Please note that this is not group therapy; it is a space for you to explore your relationship and learn new skills to help you sustain your love over the long haul.

The workshop was developed by Harville Hendrix, the author of Getting The Love You Want over 30 years ago and has been helping couples all over the world ever since. Whether you're in Australia, America, France, or any country in the world, the workshop's content remains the same. However, what sets each workshop apart is the unique flair and flavour that each facilitator brings to the table.

## Contact

To register call or email Jiselle  
0409 517 804  
[innercalminc@gmail.com](mailto:innercalminc@gmail.com)

See Website for more details  
<https://innercalminc.com.au/counselling/workshops/Getting-The-Love-You-Want.html>



## So what will happen over our two and a bit days together?

- ➔ You will hear several short talks about the nature of relationships viewed through the Imago lens. These talks will show how our unconscious works in the selection process, why the power struggle happens, what its hidden purpose is, and what decisions and actions are required to create and sustain a conscious, joy filled partnership.
- ➔ There will be written exercises to complete that will help you acquire awareness of core experiences of your childhood that impact your adult intimate relationships, your relationship history, and the details of your dream relationship.
- ➔ You will see demonstrations of a new way of talking called the Imago Dialogue and there will be the opportunity to practice the Dialogue process several times using different topics.
- ➔ You will work on your relationship together. There will be opportunities to share with the group but it is not required.
- ➔ Interspersed amongst all of this will be short videos to illustrate points. Most have been chosen because not only are they informative but they are also humorous.

Throughout the weekend you will have new experiences, develop new insights and have many 'aha' moments. When these occur will be different for all of you.

If you get stuck at all my assistant and I will be there to help.

## Workshop Outcome

At the end of the workshop you will have been offered ideas that will help you understand what is required to sustain a loving relationship over the long haul, what it means to be in a 'conscious relationship' and what your dream relationship actually looks like.

You will at workshop end, hopefully, have gained much clarity, acquired tools, skills and the knowledge of how to action them to help you get the "love that you want".

Everyone receives a manual/workbook which has just been updated for an even more fulfilling experience. You will work from this during the workshop and it is your resource to keep and take home.

## Anything else?

There will be yummy food to eat during all the breaks. There will be lots of opportunities to ask questions and there will be bits and pieces of fun, mindfulness and vigorous exercise (only joking) interspersed through the weekend.

## Final word

Forget everything and come along to the with an open mind, no expectations, lots of curiosity and be ready to be surprised by what lies ahead. Anything can happen and it always does.



## But don't just take our word for it. Here are some testimonials from past participants:

"The Imago workshop was a life-changing experience. I have never felt so close and connected to my partner." - Anonymous

"Every relationship needs this!" - Anonymous

"Jiselle was incredible. Her beautiful calming nature put me at ease. We can't recommend her highly enough." - Kylie, Feb 2020

"Really enjoyed the workshop. It opens up a journey of personal discovery/development/growth which I can use to understand behaviors in my relationship. It has given me the skills to communicate with my partner and our connection is now at a level I didn't realize was possible." - Kat, March 2019

"Jiselle presented a great informative workshop. I really enjoyed the 2-day workshop. Everything we discussed made sense. It clarified a lot of missing links." - Renee, Aug 2019

"Jiselle has been kind, understanding, and empathetic to both my husband and I. This created a safe environment for healing and growth for us. I really appreciate this in what has been a really difficult time for us." - Evie, March 2019

"I'm aware that many people view personal development workshops as a waste of time. They choose not to invest in themselves. If you are one of those people reading my message, I strongly suggest you take this risk. Your relationship is a risk to begin with, so why not take this opportunity to reflect, grow and reconnect. I am so grateful for taking part in this experience. Thank you Jiselle!" - Jarred, March 2019