## COUPLES WORKSHOP

Facilitated by Jiselle Saraghi, B.Ed., Dip Counselling and MA Counselling, Advanced Imago Clincian

## A NEW WAY TO LOVE



Make your dream relationship a reality and discover a new way to lasting love. Join us for a weekend filled with growth, new awareness and hope!

## In this workshop you will learn ways to:

- Communicate effectively with your partner
- Transform conflict to connection
- Experience the gift of conscious listening and feel truly heard!
- > Get to the root of your problems and dissolve them
- > Rediscover fun and pleasure in one another's company

## **ABOUT THE WORKSHOP**

- A psycho education workshop with lectures, written exercises, live demonstrations and practice sessions with your partner- NOT GROUP THERAPY
- > The workshop draws upon the teachings of Imago Relationship Therapy and Emotion Focused Therapy for Couples. Both these models achieve an astounding success rate.
- > The workshop is equivalent to 6 months couple work!

WHEN: Friday 6 Aug 7-9pm, Saturday 7 Aug 9am - 6pm, Sunday 8 Aug 9.30am to 5pm

WHERE: Palm Beach

**INCLUDED:** Extensive handouts, morning and afternoon tea

FEE: \$850 per couple (early bird \$800 must be fully paid by 14 July)

\$200 deposit required to secure your place.

Small group, places limited reserve your spot today!! Call or email Jiselle 0409 517 804 or innercalminc@gmail.com More information available online www.innercalminc.com.au